



Group-Based Curriculum for Caregivers in Recovery



Circle of Hope is a facilitator-guided group curriculum that helps caregivers strengthen relationships with their children during recovery. Many adults in recovery are also parents working to rebuild trust and connection as they regain stability.

Developed with guidance from Hendrée Jones, Ph.D., a globally-recognized expert in substance use treatment for pregnant and parenting women and former director of the UNC Horizons program, **Circle of Hope** helps programs support the caregiver-child relationship during a critical time for both recovery and child development.

Why the Caregiver-Child Relationship Matters

Recovery does not happen in isolation. Children experience recovery and reunification alongside their caregivers. When family relationships are strained, children can experience stress and uncertainty.

Circle of Hope helps programs strengthen the relationships children depend on most by creating space for caregivers to:

Circle of Hope creates space for caregivers to:

- ✓ Reflect on parenting during recovery
- ✓ Build emotional regulation skills
- ✓ Strengthen relationships with their children
- ✓ Connect with peers navigating similar challenges



Who Circle of Hope Is For

Programs supporting caregivers & families, including:

- ✓ Recovery treatment programs
- ✓ Family support & community programs
- ✓ Child welfare & reunification systems
- ✓ Family treatment courts

How it Works



12 facilitator-guided sessions



Available in digital & print



Ready-to-use discussion prompts



No training required



Adult-only or mixed groups with childcare or children present

Strengthening Families During Recovery

Circle of Hope helps programs support recovery while protecting the relationships that shape a child's development.

[LEARN MORE](#)



Nurturing Connections, Inspiring Change.

Great Kids empowers families and professionals with practical, research-based tools and trainings to foster strong connections, support resilience, and promote healthy development. 3+ decades of experience & over 50,000 people certified.